

San Dieguito Cotillion

Ballroom Dancing, Manners and Social Etiquette

For Children

5th through 12th Grade



Registration is Open!
To request an Invitation visit
sandiequitocotillion.com/contact-us
or call 760-215-2548



Benefits of Cotillion

- Adolescents become confident young adults
 - Self-control, poise, teamwork and grace
- Self-confidence and development of social skills
- Balance, fluidity of movement, muscle discipline
- Dancing curriculum improves posture, physical balance, control, and body alignment.